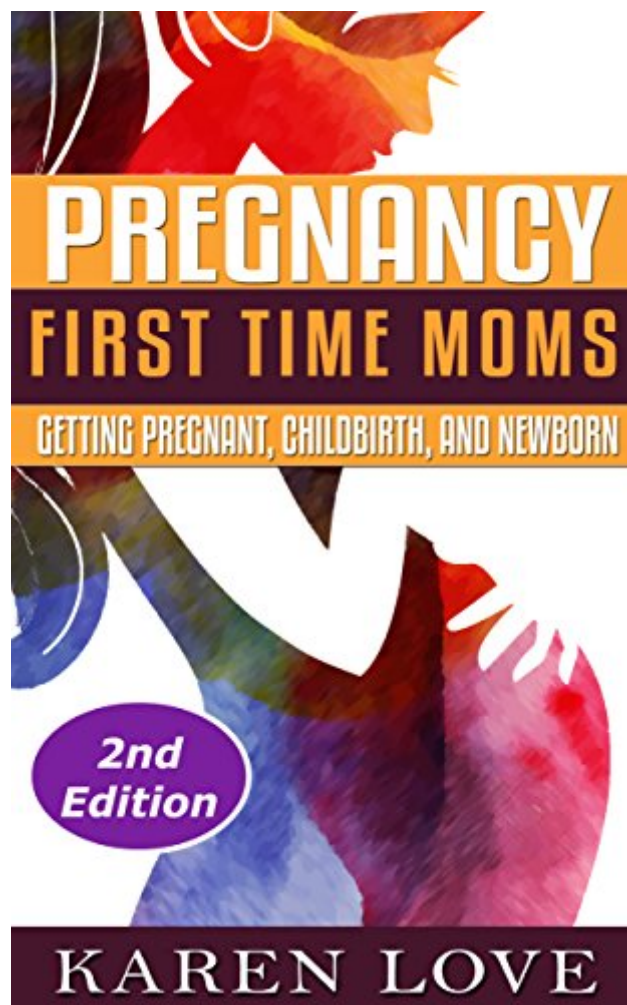




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# **Pregnancy: First Time Moms- Getting Pregnant, Childbirth, And Newborn (first Time Mom, Pregnancy, Newborn, Childbirth, Obstetrics, Parenting, Motherhood)**





## Synopsis

Are You a First Time Mom and Want to Know What to Do? Start Here! ãËœ Read this book for FREE on Kindle Unlimited ~ An Amazing Bonus Right After The Conclusion! ãËœ Are you ready to start your family and want to go about it in the most healthy and quickest way? When you download Pregnancy: First Time Moms- Getting Pregnant, Childbirth, and Newborn, your journey will made that much easier and more efficient! You will discover the first and most important steps to introducing a new member to your family. This essential guide help ease the complexities of making a baby and having a newborn by given you proven and studied techniques . You'll be happy you downloaded this a year from now as you will learn dynamics from healthy conception and healthy childbirth. Within this bookãËœ –ã„çs pages, youãËœ –ã„çll find the answers to these questions and more. Just some of the questions and topics covered include: What should I be doing before conception that is very important? What are the ways to get pregnant fast? Keys to a Happy and Healthy Pregnancy What are the things to focus on to help me have a happy, healthy labor? What to Expect: Bringing Baby Home and the First 6 Weeks This all inclusive guide directs you from everything from getting pregnant to the first 6 weeks with your baby. It starts from the very beginning of conception, so you can get pregnant fast and healthy! Download Pregnancy: First Time Moms now to help with your pregnancy! Hurry!! Scroll to the top and select the "BUY" button for instant download.

## Book Information

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## Customer Reviews

This book is a great overview of what pregnancy is: before and after. It's a good guide to enter this amazing world, but if you want some details, it's not enough about pregnancy. Also, I like that this book gives you a high level overview from thinking about getting pregnant and taking to steps to prepare your body to make as healthy a baby as you can, all the way through after the baby is born. This book provides some important information about food to be followed during pregnancy, which foods to avoid or consume the right amount, type of food that benefits the baby, and suggestions of what to do when the baby is born and, the concerns of the baby and take him to the doctor and tips on how to feed and load. It goes into detail with some things you think might be common sense but yet you would overlook like making sure your prescriptions, medications and vitamins that you have always taken are now compatible with being pregnant. This is a very informative book, though a concise piece of work. I would recommend it for anyone who first time pregnant, and wants to receive positive information on her journey.

This book was a quick read that was refreshing in that it did not overwhelm you. So many people out there, including family members, think they are experts in all things pregnancy so it can be daunting to wade through all the information while not being scared half to death. I like that this book gives you a high level overview from thinking about getting pregnant and taking to steps to prepare your body to make as healthy a baby as you can, all the way through after the baby is born. It goes into detail with some things you think might be common sense but yet you would overlook like making sure your prescriptions, medications and vitamins that you have always taken are now compatible with being pregnant. This is one of several areas pointed out that I would have never thought of but yet seem so obvious after you read. This book gives you just enough information that you can retain and then you go to more in depth books for specific questions and research.

I can really recommend this book! It's just one thing I don't like and that is the part of "get pregnant fast", for me it took several years, even with doctors,

so that part isn't always true and should be exposed carefully. But everything else with this book is great! It's very well written and informative on every possible thing regarding pregnancy. It provides a lot of useful and detailed tips on how to eat, train, what to think more about, what to expect, even advices on how to think while decorating my baby's room, and more.. It's both comforting and professional. Thank you so much for this book, I learned a lot!

What I love about this book is that it is all-encompassing: it gives lots of very informative and helpful details from preparing yourself for a healthy and happy pregnancy to childbirth and even up to your first few weeks as a new mom (or parents). I am also thrilled that despite having lots of valuable information, this book is very enjoyable to read and does not overwhelm or scare the readers on what they are getting themselves into. To be honest, I am still afraid of getting pregnant and going through all those stages of pregnancy, childbirth and the big responsibility that parenting entails. However, this book somewhat made me excited to become a mom as there was a part of the book wherein I had this vision of my husband and I on the way home with our newborn. Kudos to the author for a well-written book that got me wondering whether it is now our time to finally build a family. :)

I like that this book gives you a great overview from thinking about getting pregnant and taking steps to prepare your body to make as healthy a baby as can be, all the way through after the baby is born. This is such an informative and helpful book! Any pregnant woman would feel relieved to know that there is such a book like this one. It is a really nice guide for all first time moms during their pregnancy and after giving birth, from preparing yourself for a healthy and happy pregnancy to childbirth and even up to the first few weeks as a new mom (or parents). All the most important steps and things about pregnancy are inside of it. All in all, it is a very enjoyable book to read and does not overwhelm or scare the readers on what they are getting themselves into.

I have a son whose age 5 years old now but I wanted to get pregnant for our second baby. 5 years gap is a perfect and ideal gap from my first child but its been a long time since we are trying to make a baby. I read lots of books that can help me to increase my percentage to get pregnant. Last 2 months ago, I read this book and followed all the instruction from it. Now, I am 1 month pregnant and still I love following all the instruction from this book. This is the best and great book about pregnancy because of its compilation of instruction from the beginning on how to get pregnant until giving birth to your angel is in this book. I recommend this book for those couple/women who are

planning to get pregnant and for those first time mommy, This book really helps you all way long to successful pregnancy.

Being pregnant is a miraculous feeling, specially if it is the first time. Yet, it has responsibility that we should be ready for. This book helps us in family planning. In reading the book, I remember the days when my husband and I were trying to have a baby, but it took me a year to get pregnant. Now in this book, I have understood that there are many factors that can affect our fertilization. I agree to this that we should not jump into assumptions and conclusions. Pregnancy symptoms do not always apply to every women. All pregnant women should follow the keys to being healthy as discussed in this book. Listen to your doctor and always seek them if you feel something isn't right. We should also be ready when the baby was finally in our arms.

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